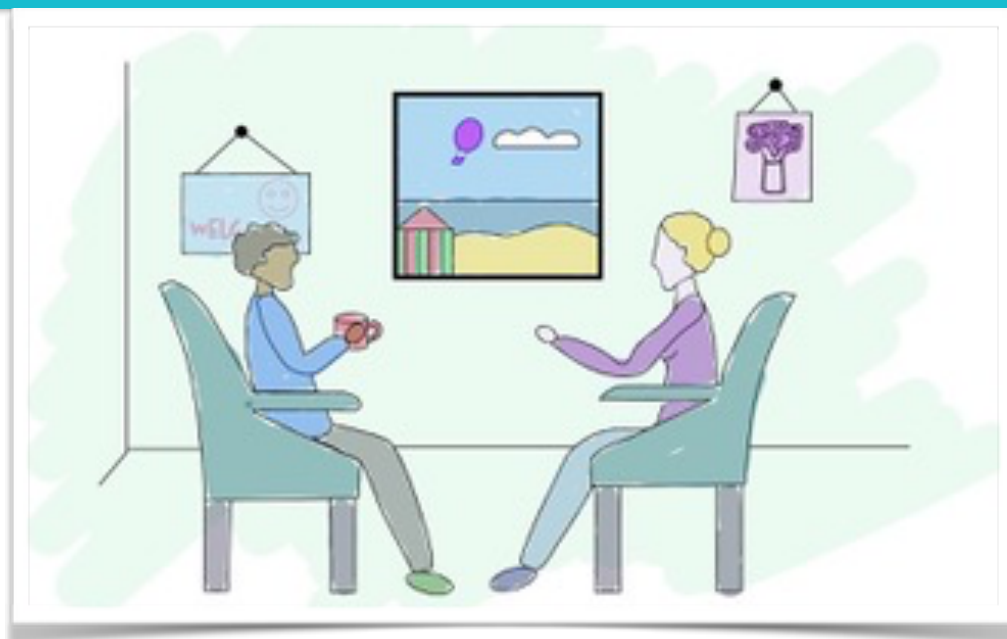


# What is an eating disorder?



- 1.6 million people in the UK are affected by an eating disorder
- 11% of the 1.6 million are male
- 14-25 year olds are most affected by an eating disorder
- There are up to 18 new cases of bulimia per 100,000 population per year
- 1 in 100 women aged between 15 and 30, are affected by anorexia
- 10% of people affected by an eating disorder are anorexic
- 40% of people affected by an eating disorder are bulimic
- The rest fall into the EDNOS category including those with binge eating disorder
- Research suggests that the earlier treatment is sought, the better the sufferer's chance of recovery

To learn about our wide range of support and therapeutic services please contact us:

01582 457474

[admin@caraline.com](mailto:admin@caraline.com)

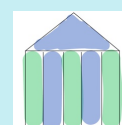
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An eating disorder is an unhealthy relationship with food that severely impacts on your day to day life.



Knowledge and awareness about eating disorders could help you or someone you care about



Although eating disorders can develop at any age, be aware that the risk is highest for young men and women between 13 and 17 years of age.