Links

<https://www.nice.org.uk/guidance/ng69>

[The National Institute for Health & Care Excellence](https://www.nice.org.uk/guidance/ng69)

[https://www.amazon.co.uk/d/Books/Claire-Beeken-Enemy-thirteen-battle-anorexia-nervosa/B00I60KGSM  
Claire's story is available to buy and download to your Kindle](https://www.amazon.co.uk/d/Books/Claire-Beeken-Enemy-thirteen-battle-anorexia-nervosa/B00I60KGSM)

[https://www.b-eat.co.uk/  
The UK Eating Disorder Charity](https://www.b-eat.co.uk/)

[http://pedsupport.co.uk/  
Personalised Eating Disorder Support (Peterborough)](http://pedsupport.co.uk/)

[http://www.rcpsych.ac.uk/healt...](http://www.rcpsych.ac.uk/healthadvice/problemsdisorders/eatingdisorderskeyfacts.aspx)

Royal College of Psychiatrists - Information about eating disorders

[http://eating-disorders.org.uk...](http://eating-disorders.org.uk/information/facts-about-eating-disorders/)  
National Centre for Eating Disorders

[http://www.credo-oxford.com/#t...](http://www.credo-oxford.com/#topic0)  
Centre for Research on Eating Disorders at Oxford (CREDO)

[http://www.togmind.org/youth-m...](http://www.togmind.org/youth-mind/self-help-websites-young-people/)  
Self Help Websites for Young People